

ANSWER SHEET

PRE- & POST-ASSESSMENT OF KNOWLEDGE

UNDERSTANDING AND RESPONDING TO BEHAVIORAL SYMPTOMS OF DEMENTIA

1. There are several causes of dementia?
 - a. **True**
 - b. False

2. Alzheimer's Disease is a normal part of growing old.
 - a. True
 - b. **False**

3. What are the common symptoms of dementia?
 - a. Difficulty with remembering recent events.
 - b. Problems with judgment.
 - c. Difficulty doing daily tasks.
 - d. Difficulty recognizing common objects.
 - e. **All of the above.**
 - f. a and c only.

4. Which of the following are behavioral symptoms seen in the majority of people who are experiencing dementia?
 - a. Wandering
 - b. Confusion
 - c. Angrily hitting other residents
 - d. Asking the same thing repeatedly
 - e. All of the above
 - f. **a, b, and d only**

5. Behavioral symptoms of dementia, such as wandering and shouting, are...
 - a. caused by changes in the brain and have little other meaning.
 - b. **often attempts by the individual to communicate needs or discomfort.**
 - c. are often done by the resident to annoy staff.
 - d. All of the above.

6. Music can be an effective approach to calming agitated residents.
 - a. **True**
 - b. False

7. When dementia residents elope from (exit) the facility unattended, they are likely to--
 - a. Respond when you call to them.
 - b. Hide in any available places.
 - c. Be found within a half-mile to a mile from the facility.
 - d. Move in the direction of their dominant hand.
 - e. All of the above.
 - f. **b, c, & d only.**

8. If a resident with dementia is insisting he wants to go home and is becoming increasingly agitated, what is the best way to respond?
 - a. Tell him where he is and that this is his home now.
 - b. Ask the nurse for medication to calm him.
 - c. **Sit with him and encourage him to tell you about his home and slowly change the subject to another topic.**
 - d. Ignore the behavior.

9. Which of the following are general rules for reducing the likelihood of behavioral and psychological symptoms in residents with dementia.
 - a. Make certain they are wearing their glasses and/or hearing aids if needed.
 - b. Be flexible with meals and sleep.
 - c. Provide regular and structured activities.
 - d. Give the resident time to adapt and respond.
 - e. **All of the above.**

10. Giving a resident significant attention only when they are displaying an undesirable behavior may make that behavior worse.
 - a. **True**
 - b. False